

WAY PAST MAD



Author: Hallee Adelman

Illustrator: Sandra de la Prada

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LIBRARY LESSON PLAN

PRE-READING IDEAS

Make Faces: Can we make faces that look scared? Surprised? Sad?

Guess my emotion. (Make a mad face.) Can you make a mad face, too? Can you act mad? Let's see!

Discuss: What makes you mad?

Tell about a time when you felt way past mad. What happened?

Pre-Reading Questions: In *Way Past Mad*, the main character, Keya, gets mad before she walks to school. What do you think could have made her mad?

If Keya feels way past mad, how might she act on her way to school?

What do you think she will do when she sees her best friend, Hooper?

Action Item: As we read, try to find some good & not-so-good things Keya does when she is way past mad.

POST-READING IDEAS

Respond: What things does Keya do when she is mad that are not-so-good?

(possible answers: Kicks rocks & sticks. Pushes people away. Acts mean/says hurtful things to Hooper.)

What things does Keya do when she is mad that are good?

(possible answers: Tries running/physical activity. Uses imagination. Shares her feelings. Talks it out. Tries to understand her brother's actions.)

Discuss: Do you think Keya meant to hurt Hooper's feelings?

What should she have done instead of taking out her mad on Hooper?

What helped Keya get past her mad the most?

When you're mad, what helps you feel better?

Extension Questions: Is it bad to be mad?

(possible answer: No. Feelings are important. It's also important not to take bad feelings out on others.)

Think about the last time you felt way past mad. Did you take it out on someone else?

How can you be mad and not mean?

What can you do if your friend is mad?

(possible answers: Give space. Let them know you're there to talk. Send a note. Draw a picture.)

Make Faces: Now let's make some happy faces!

Follow Up Activities: Create a gold medal for someone who found their way past mad!

Share the book! If you post on Instagram, Tag @WayPastBooks with the hashtag #WayPastMad.

Check out www.waypastbooks.com for more extension activities!